

The Villages

OF FARRAGUT

"Your life. Your way."

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thevillagesfarragut.com

August 2024



It's Football Time in Tennessee!

To kick off the UT Football season, wear your UT orange and join us for a Tailgate Party Happy Hour on Friday, August 30th at 4:00 p.m.! Then on Saturday, August 31st at 12:45, cheer UT on with your friends while we televise the game from the SEC Network in the Community Room on 1st floor at 12:45 p.m.!



August Highlights at the Villages

- 7 Table Talk / Resident Council
- 8 Knox Rehab Hospital-Falls Prevention Edu.
- 12 Fresh Off the Farm w/ John Coykendall
- 13 Resident Birthday Dinner Celebration
- 14 Tennessee Riverboat Cruise
- 20 Veterans' Cafe Sponsored by Covenant
- 26 "Strut Your Mutt" Show and Tricks by Koa
- 28 Lunch Bunch-35 North & Coffee-Summer Moon
- 30 Go Big Orange UT Tailgate Happy Hour
- 31 UT vs. Chattanooga, SEC Network



Sunflower Fields at Forks of the River

Strut Your Mutt on National Dog Day!



Jimmy and her "LollyPop" Love!

In celebrating National Dog Day on Monday, August 26th, residents with furry friends are encouraged to "Strut Your Mutt" in the Villages Dog Show at 2:00 p.m. in the Community Room. Come as you are or dress up for photos and treats!

Stick around for a special show by Petra and pal Koa, who will be performing tricks for you at 2:30 p.m.

Although we have important rules for pets to reside here, the Villages of Farragut is a pet friendly community. For many seniors, the benefits of having a pet extend far beyond companionship. They provide emotional support, happiness and contentment. Dogs in particular enhance physical health benefits for seniors through daily walks or playtime. Caring for a pet can give one a sense of purpose, creating a positive outlook on life. After all, who can say "no" to unconditional love!