

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>August Birthdays!</b> Brad Mitchell 8/01 Rosemary Fry 8/07 Betty Kunselman 8/12 Joanna Link 8/15 A.W. Amanns 8/16 Kathleen Zdravelich 8/16 Bill Dinneen 8/23				1 9:30 Tai Chi, 3rd Floor 10:30 Catholic Prayer Group, 2nd Floor 1:30 Bean Bag Baseball, 1st Floor <b>3:00 Craft: Seashell Picture Frames</b> 6:00 Let's Play Poker, 2nd Floor 6:30 Movie Night: "Hillbilly Elegy" (JD Vance story), 1st Floor	2 9:30 Sit & Fit w/ Brit, 3rd Floor 10:30 Trivia w/ Kayla, 1st Floor <b>12:30 Ice Cream Sandwiches at the Bar, DR</b> 1:30 Bingo, 1st Floor <b>4:00 HAPPY HOUR w/ Marc Beecher, DR</b>	3 10:00 Party Bridge, 2nd Floor <b>1:00 Line Dancing w/ Cowtown Studios, 2nd Floor</b> 3:00 Meditative Art, Community Room 6:30 Cards Anyone? 2nd Floor
4 11:00 Fellowship Church (Televised) 1st Floor <b>11:30 -1:00pm Sunday Omelet Bar and Lunch Buffet, DR</b> 3:00 Sunday Matinee Movie - "Castaway" 1st Floor	5 9:30 EMW Exercise, 3rd Floor 11:00 Bible Study, A.D. Baxter, 3rd Floor <b>1:30 Bean Bag Baseball, 1st Floor</b> <b>3:00 Ice Cold Smoothies at the Bar, DR</b> 6:00 Game Night, 2nd Floor	6 9:30 Tai Chi, 3rd Floor 10:00 Golf in the Courtyard 1:30 Bingo, 1st Floor <b>3:00 Walking Club: Watch Alec's Journey Along the Pacific Coast, 1st Floor</b> 4:00 TED Talk Tuesday: "How Mindfulness Changes the Emotional Life of our Brains," 1st Floor 6:00 Pool Games, 2nd Floor Billiards Room	7 9:30 EMW Exercise, 3rd Floor 10:00 Party Bridge and Card Games, 2nd Floor <b>2:00 Table Talk / Resident Council, 1st Floor</b> <b>4:00 BYOB &amp; Music w/ Steve Carr, Dining Room</b>	8 9:30 Tai Chi, 3rd Floor <b>11:30 -1:30 Acuity Hearing Services - Otoscopy, 2nd Floor Club Room</b> 1:30 Bean Bag Baseball, 1st Floor <b>3:00 Fall Prevention Info Session w/ Knox Rehab Hospital, 1st Floor</b> 6:00 Let's Play Poker, 2nd Floor 6:30 Movie Night: "Loving" 1st Floor	9 9:30 Sit & Fit w/ Brit, 3rd Floor 10:30 Trivia w/ Kayla, 1st Floor 1:00 Social Media - APPLE, 3rd Floor 1:30 Bingo, 1st Floor 2:00 Social Media - ANDROID, 3rd floor <b>4:00 HAPPY HOUR w/ Roger Bach, DR</b>	10 10:00 Party Bridge, 2nd Floor <b>1:00 Art Class with Sheryl Jackson, Community Room</b> 6:30 Cards Anyone? 2nd Floor
11 11:00 Christ Covenant Church, Live stream, 1st Floor Community Room <b>11:30 -1:00pm Sunday Omelet Bar and Lunch Buffet, DR</b> 3:00 Sunday Matinee Movie - "Last Laugh," 1st Floor	12 9:30 EMW Exercise, 3rd Floor <b>10:00 Shopping Trip: Turkey Creek/ Walmart</b> 11:00 Bible Study, A.D. Baxter, 3rd Floor <b>1:30 Bean Bag Baseball, 1st Floor</b> <b>3:00 Fresh off the Farm w/ John Coykendall, Master Gardener, DR</b> 6:00 Game Night, 2nd Floor	13 9:30 Tai Chi, 3rd Floor 10:00 Golf in the Courtyard 1:30 Bingo, 1st Floor 3:30 TED Talk Tuesday: "Who are You, Really," 1st Floor <b>4:45 Resident Birthday Dinner Celebration</b> 6:00 Pool Games, 2nd Floor Billiards Room	14 9:30 EMW Exercise, 3rd Floor 10:00 Party Bridge and Card Games, 2nd Floor <b>11:00 Tennessee Riverboat Cruise Outing, RSVP and meet in Lobby</b> <b>4:00 BYOB &amp; Music w/ Take 5, Dining Room</b>	15 9:30 Tai Chi, 3rd Floor 10:30 Catholic Prayer Group, 2nd Floor 1:30 Bean Bag Baseball, 1st Floor <b>3:00 Craft: Make Your Own Body Scrub, 1st Floor</b> 6:00 Let's Play Poker, 2nd Floor 6:30 Movie Night: "Twins" 1st Floor	16 9:30 Sit & Fit w/ Brit, 3rd Floor 10:30 Trivia w/ Kayla, 1st Floor 1:30 Bingo, 1st Floor <b>4:00 HAPPY HOUR w/ Fredda &amp; Friends, DR</b>	17 10:00 Party Bridge, 2nd Floor <b>1:00 Line Dancing w/ Cowtown Studios, 2nd Floor</b> 3:00 Meditative Art, Community Room 6:30 Cards Anyone? 2nd Floor
18 11:00 Fellowship Church (Televised) 1st Floor <b>11:30 -1:00pm Sunday Omelet Bar and Lunch Buffet, DR</b> 3:00 Sunday Matinee Movie - "Ghost" 1st Floor	19 9:30 EMW Exercise, 3rd Floor 11:00 Bible Study, A.D. Baxter, 3rd Floor <b>12:30 Italian Ice at the Bar, DR</b> <b>1:30 Bean Bag Baseball, 1st Floor</b> <b>3:00 Armchair Travel to Italy, 1st Floor</b> 6:00 Game Night, 2nd Floor	20 <b>8:30 -10:30 Veterans' Cafe sponsored by Covenant, DR</b> 9:30 Tai Chi, 3rd Floor 10:00 Golf in the Courtyard 1:30 Bingo, 1st Floor <b>3:00 Let's Play Jeopardy (Italy), 1st Floor</b> 3:30 TED Talk Tuesday: "The Last 6 Decades of Artificial Intelligence and What Comes Next," 1st Floor 6:00 Pool Games, 2nd Floor Billiards Room	21 9:30 EMW Exercise, 3rd Floor 10:00 Party Bridge and Card Games, 2nd Floor 1:00 Book Club with Arlene, 3rd Floor <b>1:30 Beltone Hearing Health Info Session</b> <b>2:00 -3:00 Beltone Hearing Care Clinic, 1st Floor</b> <b>4:00 BYOB &amp; Music w/ Jim Reid, Dining Room</b>	22 9:30 Tai Chi, 3rd Floor 1:30 Bean Bag Baseball, 1st Floor <b>3:00 "Live Longer and Stronger" Talk w/ Susan Fuller-Monika, 1st Floor</b> 6:00 Let's Play Poker, 2nd Floor 6:30 Movie Night: "Society of the Snow" 1st Floor	23 9:30 Sit & Fit w/ Brit, 3rd Floor 10:30 Trivia w/ Kayla, 1st Floor 1:30 Bingo, 1st Floor <b>4:00 HAPPY HOUR w/ Paul Indelicato, DR</b>	24 10:00 Party Bridge, 2nd Floor <b>1:00 Art Class with Sheryl Jackson, Community Room</b> 6:30 Cards Anyone? 2nd Floor
25 11:00 Christ Covenant Church, Live stream, 1st Floor Community Room <b>11:30 -1:00pm Sunday Omelet Bar and Lunch Buffet, DR</b> 3:00 Sunday Matinee Movie - "Dirty Dancing" 1st Floor	26 <b>National Dog Day</b> 9:30 EMW Exercise, 3rd Floor <b>10:00 Shopping Trip: Turkey Creek/ Walmart</b> 11:00 Bible Study, A.D. Baxter, 3rd Floor <b>11:30 -1:00pm Hot Dog Bar, DR</b> <b>2:00 Strut Your Mutt Dog Show, 1st Floor</b> <b>2:30 Dog Tricks with KOA, 1st Floor</b> 6:00 Game Night, 2nd Floor	27 9:30 Tai Chi, 3rd Floor 10:00 Golf in the Courtyard 1:30 Bingo, 1st Floor <b>3:00 Let's Play Jeopardy (Football), 1st Floor</b> 3:30 TED Talk Tuesday: "The Secret to Getting Better Sleep," 1st Floor 6:00 Pool Games, 2nd Floor Billiards Room	28 9:30 EMW Exercise, 3rd Floor 10:00 Party Bridge and Card Games, 2nd Floor <b>11:00 Lunch Bunch: 35 North &amp; Coffee at Summer Moon</b> <b>3:45 Whiskey Sours, DR</b> <b>4:00 BYOB &amp; Music w/ Terri Connor, Dining Room</b>	29 9:30 Tai Chi, 3rd Floor 10:30 Catholic Prayer Group, 2nd Floor 1:30 Bean Bag Baseball, 1st Floor <b>2:30 Hearing Life-Complimentary Hearing Aid Maintenance, 2nd Floor</b> <b>3:00 Craft: Painting Wristlets with Stencils</b> 6:00 Let's Play Poker, 2nd Floor 6:30 Movie Night: "Grease" 1st Floor	30 9:30 Sit & Fit w/ Brit, 3rd Floor 10:30 Trivia w/ Kayla, 1st Floor 1:30 Bingo, 1st Floor <b>4:00 GO BIG ORANGE -UT Tailgate HAPPY HOUR w/ Vocal Pointe, DR</b>	31 10:00 Party Bridge, 2nd Floor <b>12:45 Go Vols! UT vs Chattanooga SEC Network, 1st Floor</b> <b>1:00 Line Dancing w/ Cowtown Studios, 2nd Floor</b> 6:30 Cards Anyone? 2nd Floor